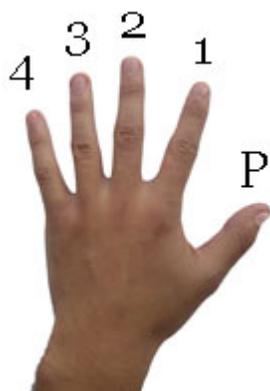


Just to make sure we understand each other in terms of finger naming:



Warm Up Exercises

This first exercise helps to develop your fluency, speed and left hand-right hand coordination. Start slow and build up the speed. Use fingers 1, 2, 3 and 4 of your left hand, don't skip the little finger. Use a pick and do alternate picking. The exercise doesn't stop at the end of the tabs, continue for the rest of the neck. Be RELAXED!



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The next exercise trains your individual fingers. First do the exercise with fingers 1 and 2. Next round use fingers 2 and 3. Then use fingers 3 and 4. Do the exercise up to the 12th fret and for those of you who can't get enough of it, back from the 12th to the first. And remember: RELAX!



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String Skipping Exercises

The following set of exercises train your picking abilities.

Two staves of guitar tablature for string skipping exercises. The first staff has four measures: 1) 1 2 3 4 | 1 2 3 4 | 1 2 3 4 | 2 3 4 5. 2) 1 2 3 4 | 1 2 3 4 | 1 2 3 4 | 2 3 4 5. 3) 1 2 3 4 | 1 2 3 4 | 1 2 3 4 | 2 3 4 5. 4) 1 2 3 4 | 1 2 3 4 | 1 2 3 4 | 2 3 4 5. The second staff has four measures: 1) 2 3 4 5 | 2 3 4 5 | 2 3 4 5 | 2 3 4 5. 2) 2 3 4 5 | 2 3 4 5 | 2 3 4 5 | 2 3 4 5. 3) 2 3 4 5 | 2 3 4 5 | 2 3 4 5 | 2 3 4 5. 4) 2 3 4 5 | 2 3 4 5 | 2 3 4 5 | 2 3 4 5.

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This is one of bass player John Patitucci (if I remember it well). Happy skipping!

Three staves of guitar tablature for string skipping exercises. The first staff has four measures: 1) 5 7 8 0 | 5 7 8 0 | 5 7 8 0 | 5 7 8 0. 2) 5 7 8 0 | 5 7 8 0 | 5 7 8 0 | 5 7 8 0. 3) 5 7 8 0 | 5 7 8 0 | 5 7 8 0 | 5 7 8 0. 4) 5 7 8 0 | 5 7 8 0 | 5 7 8 0 | 5 7 8 0. The second staff has four measures: 1) 7 8 5 0 | 7 8 5 0 | 7 8 5 0 | 7 8 5 0. 2) 7 8 5 0 | 7 8 5 0 | 7 8 5 0 | 7 8 5 0. 3) 7 8 5 0 | 7 8 5 0 | 7 8 5 0 | 7 8 5 0. 4) 7 8 5 0 | 7 8 5 0 | 7 8 5 0 | 7 8 5 0. The third staff has one measure: 1) 6 7 8 0 | 6 7 8 0 | 6 7 8 0 | 6 7 8 0.

The next exercise uses the G major scale. It speaks for itself that you can use all guitar scales. Oh, when you reached the last note on the tab, don't stop, but go back (I admit I was a bit lazy).

One staff of guitar tablature for string skipping exercises. The first measure is 2 3 5 | 2 4 5 | 2 3. The second measure is 5 | 2 4 5 | 2 4 5 | 3. The third measure is 5 7 | 2 4 5 | 3 6 7.

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Intervallic Guitar Scales

The next set of exercises run through the G Ionian scale in different intervals. Try this exercise with all guitar scales you can think of.

In thirds:

One staff of guitar tablature for string skipping exercises. The first measure is 3 2 5 3 2 5 3 2. The second measure is 5 4 2 5 4 2 5 4. The third measure is 2 5 4 3 5 3 7. The fourth measure is 5 3 7 5 3 7.

In fourths:

Musical notation for 'In fourths' on a grand staff. The right hand (treble clef) plays a sequence of notes: 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 11, 12. The left hand (bass clef) plays a sequence of notes: 5, 4, 3, 2, 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 11, 12. The notation is divided into four measures.

In fifths:

Musical notation for 'In fifths' on a grand staff. The right hand (treble clef) plays a sequence of notes: 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 11, 12. The left hand (bass clef) plays a sequence of notes: 5, 4, 3, 2, 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 11, 12. The notation is divided into four measures.

In sixths:

Musical notation for 'In sixths' on a grand staff. The right hand (treble clef) plays a sequence of notes: 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 11, 12. The left hand (bass clef) plays a sequence of notes: 5, 4, 3, 2, 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 11, 12. The notation is divided into four measures.

In sevenths:

Musical notation for 'In sevenths' on a grand staff. The right hand (treble clef) plays a sequence of notes: 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 11, 12. The left hand (bass clef) plays a sequence of notes: 5, 4, 3, 2, 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 11, 12. The notation is divided into four measures.

